

# BF HELMAN

## SAG-AFTRA

### Represented by:

#### TalentPlus, Inc.

314.421.9400

275 Union Blvd. PH 1700

St. Louis, MO 63108

www.talentpl.us

Weight: 160 lbs.

Height: 5'11"

Eyes: Brown

Hair: Gray

### FILM (short)

HOME

Farmer

Dir. Livvy Runyon

### TELEVISION

America's Most Wanted (series)

Husband

FOX

Skokie (TV movie)

Reporter

Titus (CBS-TV)

Sable (series)

Agent Kaye

ABC

### NEW MEDIA

#### Industrials

Assurant Health

Mr. Harris

Studio 7

ALAS

Lawyer

Video One

CNA Insurance

Darth Vader

Big Shoulders

National Association of Realtors

Broker

Clearvue

#### Internet

CSX

Farmer Welder

Mullen

#### Audio

SAG-AFTRA RADIO PLAYERS

Multiple Performances

SAG-AFTRA

(Live recreations of original old-time radio scripts)

*Unshackled*

Multiple Performances

Pacific Garden Mission

(Longest-running continuous drama series in radio history)

*1001 Afternoons in Chicago*

Multiple Characters

ACM/Strawdog Theatre

(A radio play with original contemporary music on CD)

#### Commercial (Broadcast)

Club Fitness (radio)

Announcer

Turec Advertising

CSX (Television)

Farmer Welder

Mullen

#### Live Performance:

Polar Express (2014 and 2015)

Conductor

Rail Events Union Station

Multiple National Tours

Emcee

Cadillac Motor Division

#### THEATRE (partial list)

*Inherit the Wind*

Judge/Elijah

Insight Theater Co. (STL)

Sam & Andre: Crickets

Sam Beckett

Rhino Festival (Chicago)

Life is a Dream

Clotoldo

Vitalist Theater (Chicago)

State of the Union

Jim Conover

Strawdog Theater (Chi)

The Best Man

Dr. Artidian

Remy Bumppo (Chicago)

Jewtopia

Rabbi, Irving, Dennis (us;p)

Richards/Climan

A Clockwork Orange

Mr. DeLong

Defiant Theater (Chicago)

member of the late, lamented **DEFIANT THEATRE**

#### EDUCATION (all aspects)

Northwestern University

BSJ (Medill School of Journalism)

University of Illinois

MS (College of Communications)

#### TRAINING

Steppenwolf Theater (Chicago)

Instructed by Rondi Reed and Tom Irwin

Body Politic Theater (Chicago)

Instructed by James O'Reilly

#### SPECIAL SKILLS

Teleprompter, ear prompter, author of *The Hello Pages* (the guide to outgoing answering machine messages), poet for Dial-a-Poem (Chicago), booth announcer for WPWR-TV (Chicago).